

Covid-19 Guidelines



Stay home if you show any symptoms.

- Covid-19 Symptoms include:
Cold-like symptoms (runny nose, sneezing, a sore throat)
Coughing
Shortness of breath or pneumonia
A temperature up to 38 degrees or a fever above 38 degrees
A sudden loss of smell or taste (without a blocked nose)

For information on how to get tested for Covid-19, please go to the FAQ section on Wittenborg-Online or scan here.



Wash your hands frequently.

- Wash your hands before going out, when you return home, after blowing your nose, before eating and after going to the toilet.
- Wash your hands for 20 seconds with soap and water. Dry them thoroughly.



Wear a facemask in all public areas.



Keep 1.5m distance from others.

- This does not apply to people living in one household.
- Keeping two arms lengths away reduces the risk of people spreading the infection.



Don't shake hands.

For more information, please contact:

support_covid19@wittenborg.eu

frontdesk@wittenborg.eu

088 667 2688



One person at the sink at any one time.